

# Meet Your Mouth!

## INTRODUCTION TO ORAL HEALTH

### OVERVIEW

The *Meet Your Mouth* vignette covers: what a dentist does; primary and permanent teeth; functions of teeth; and parts of the mouth/oral cavity.

### EDUCATIONAL STANDARDS ADDRESSED

*Meet Your Mouth* addresses these areas of the Sunshine State Standards for Health Education: health literacy; advocate and promote healthy living; and responsible health behavior.

PRE-K TO 2: knows names of body parts; understands positive health behaviors that enhance wellness; identifies common health problems of children and possible ways to prevent these problems; recognizes that decisions about personal behavior may be healthy or unhealthy; knows and practices good personal health habits.

GRADES 3-5: understands the functions of the human body systems; knows how personal health behaviors influence individual well-being; knows why health problems should be detected and treated early; knows how childhood injuries and illnesses can be prevented and treated; knows the importance of assuming responsibility for personal health habits.

### OBJECTIVES

*The student will be able to:*

- 1) Identify the number of teeth in the primary dentition (baby teeth).

*Answer: 20*

- 2) Identify the number of teeth in the permanent dentition.

*Answer: 32*

- 3) Identify key parts of the oral cavity (mouth).

*Answer: Teeth, gums, lips, tongue and jaw.*

- 4) Name the three reasons why teeth are important.

*Answer: a) Chewing to help digest food.  
b) Pronunciation to help speak clearly.  
c) Good appearance and smile.*

- 5) Describe what dentists do.

*Answer: They are doctors who diagnose, treat and help prevent diseases, injuries and malformations of the teeth, jaws and mouth.*

### SUGGESTIONS FOR ACTIVITIES AND DISCUSSION:

- 1) Use the supplemental materials in the *Introduction* section.
- 2) Imagine a day with no teeth.
- 3) Chart the habits of brushing and flossing for your class.
- 4) Discuss or write about: *How I Lost My First Tooth* or *The Funniest Way I Lost a Primary Tooth*.

### REVIEW GUIDE MATERIALS

- 1) Key terms
- 2) Review Guide answers
- 3) Primary review
- 4) Intermediate review

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## INTRODUCTION TO ORAL HEALTH – REVIEW GUIDE

### KEY TERMS:

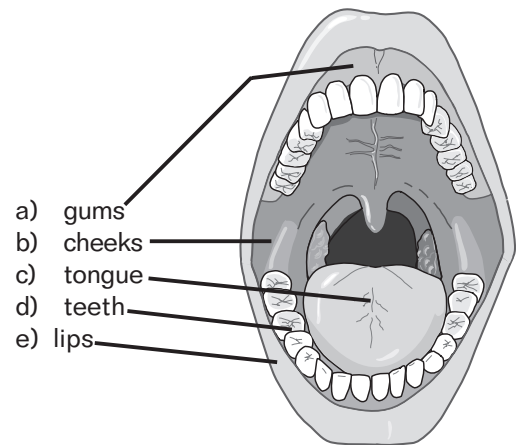
- 1) **primary dentition**  
The primary dentition (baby teeth) is the 20 baby teeth. They will be lost and replaced by permanent teeth by age 12 or 13.
- 2) **permanent dentition**  
The permanent dentition (adult teeth) is the 32 adult teeth. They are meant to last a lifetime.
- 3) **oral cavity**  
The oral cavity is the mouth and its surrounding structures.
- 4) **glands**  
The glands add moisture to the mouth.
- 5) **jaw**  
The jaw is a bone to which teeth are attached.

### PRIMARY REVIEW GUIDE ANSWERS

1. 20 teeth
2. 32 teeth
3. See diagram to right
4. (a) chew, (b) speak, (c) smile
5. (b) mouth, (f) teeth, (h) gums

### INTERMEDIATE REVIEW GUIDE ANSWERS

1. 20 teeth
2. 32 teeth
3. 12 teeth
4. See diagram to right
5. (a) chew, (b) speak, (c) smile
6. all of the above

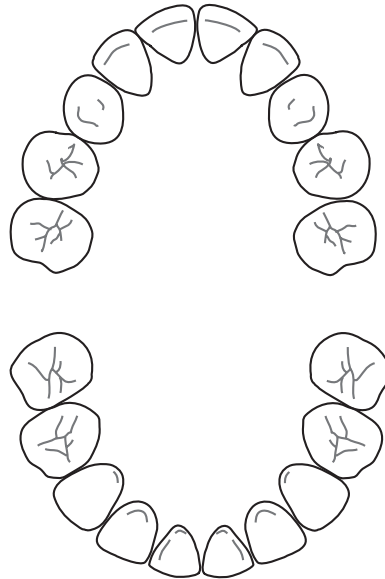


# Meet Your Mouth!

1) Count the number of primary teeth.

How many did you find?

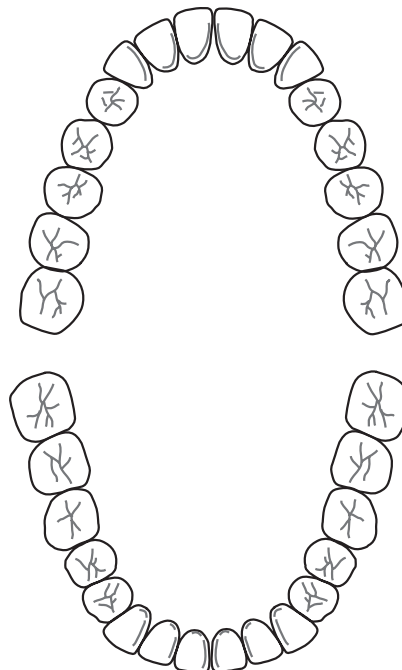
\_\_\_\_\_



2) Count the number of permanent teeth.

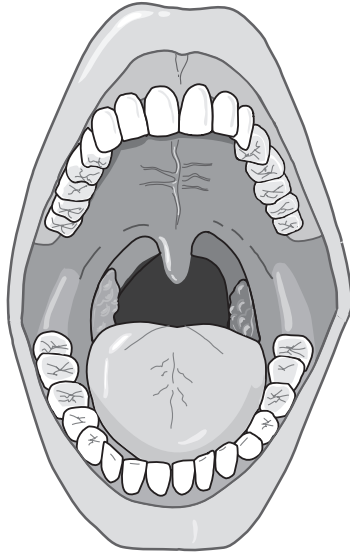
How many did you find?

\_\_\_\_\_



3) Draw a line from the word to the area of the mouth it describes.

- a) gums
- b) cheeks
- c) tongue
- d) teeth
- e) lips



4) Teeth are important for three reasons.  
Choose the correct word to complete each sentence.

smile

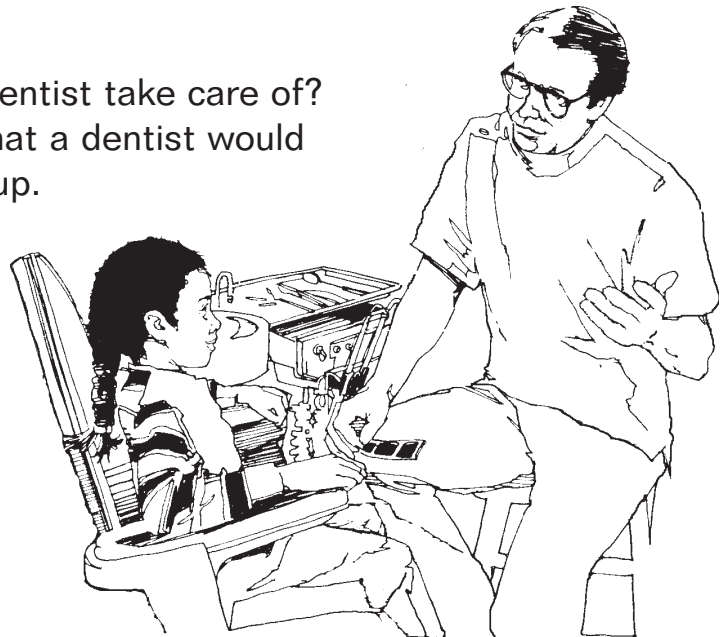
chew

speak

- a) Teeth help you \_\_\_\_\_ food.
- b) Teeth help you \_\_\_\_\_ clearly.
- c) Teeth give you a happy \_\_\_\_\_ and a good appearance.

5) Which parts of your body does a dentist take care of?  
Circle all the areas of your body that a dentist would look at when you go in for a checkup.

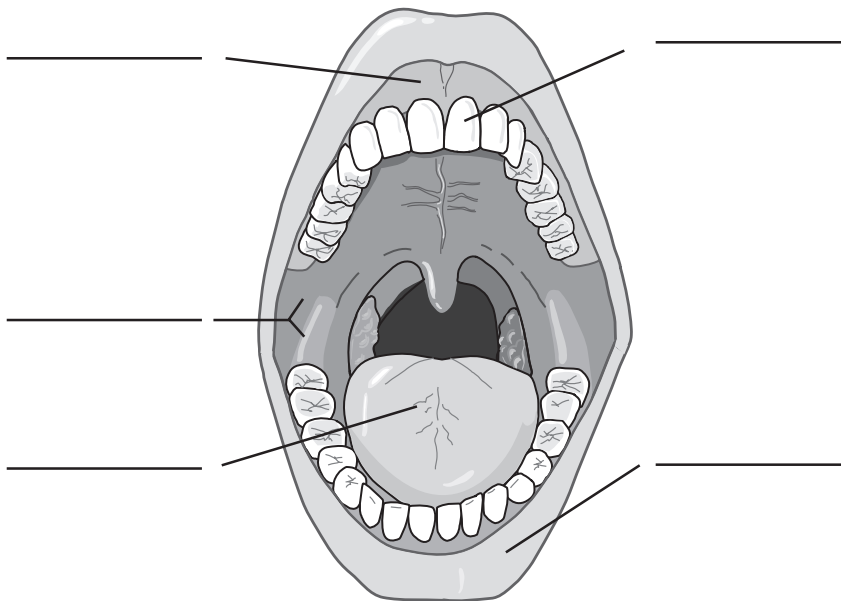
- a) arm
- b) mouth
- c) chest
- d) leg
- e) foot
- f) teeth
- g) knee
- h) gums



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- 1) How many primary teeth did you get as a child? \_\_\_\_\_
- 2) As you grow, primary teeth are lost and larger permanent teeth replace them. How many permanent teeth will be in your mouth then? \_\_\_\_\_
- 3) How many more teeth will you have as an adult than you did as a child? \_\_\_\_\_
- 4) Choose a word from the list below and write it in the correct space.

- a) gums
- b) cheeks
- c) tongue
- d) teeth
- e) lips



- 5) Teeth are important for three reasons (fill in the blank word that is missing):

- a) Teeth help you \_\_\_\_\_ food.
- b) Teeth help you \_\_\_\_\_ clearly.
- c) Teeth give you a good appearance and a happy \_\_\_\_\_ !

- 6) The dentist takes care of your mouth by:

- a) checking for tooth decay
- b) treating gum disease
- c) straightening the teeth
- d) all the above

